

Your gift, your choice.

Leave a legacy for future generations.

What is a bequest?

A bequest refers to leaving something to an individual or an organisation through your last will and testament (known as your Will).

Leaving a bequest to the Cardiac and Respiratory Foundation NZ is a great way to help the millions of New Zealanders affected by respiratory and cardiac disease.

Once you have decided to leave a legacy, it is very important that you discuss your wishes with your family or loved ones to ensure they understand and support your decision to leave:



A **specific gift** is a specified sum of money



A **percentage** of your estate



The **residue** of your estate

What your gift will do.

A gift in your Will:

- Funds life-changing research into respiratory and cardiac health, which enables us to provide support and education where it is most needed.
- Delivers education to health professionals, schools, whānau, and communities.
- Advocates for better prevention, screening programmes, treatment, and long-term care.
- Supports the 1 in 5 New Zealanders living with respiratory illness, and the 1 in 5 people who die from heart disease every year.

No matter the size, your bequest will help create a future where fewer lives are cut short by treatable illness.

Your questions, answered.

Why should I make a Will?

Making a Will is the only way you can be sure your wishes will be met after you pass away, and to leave a legacy for your loved ones and charities you care about.

How do I prepare for a meeting with my lawyer?

Before meeting with your lawyer, you might want to estimate the value of your estate. Also consider who you would like to be your executor – this person will carry out the provisions in your Will in the event of your death.

What information will I need to give my lawyer?

If you are wanting to include the Cardiac and Respiratory Foundation NZ in your Will, take this brochure with you so you can show your lawyer the suggested wording and let them know what type of gift you would like to leave.

What if I already have a Will?

You can amend your existing Will to include the Foundation very simply, by asking your lawyer to draw up a 'codicil' – an addition or supplement that explains, modifies, or revokes a Will or part of one.

Next steps.

Suggested wording:

If you would like to leave a bequest for the Cardiac and Respiratory Foundation NZ, you can show this suggested wording to the person helping you with your Will:

"I give to The Cardiac and Respiratory Foundation NZ Charitable Trust, registered charity number CC53035, (x% of my estate, the residue of my estate, a sum of money, or a description of your property or assets) for general purposes for which the receipt of the Chief Executive, shall be sufficient and full discharge to my trustee/s."



Your questions, answered.

Who are we?

The Cardiac and Respiratory Foundation NZ champions healthier futures for New Zealanders by strengthening knowledge, driving change and supporting those affected by heart and lung conditions.

Our vision

The Cardiac and Respiratory Foundation NZ is recognised as the trusted leader in cardiac and respiratory health knowledge and advocacy for patients and health professionals in Aotearoa to improve quality of life for New Zealanders living with heart and lung conditions.

Our mission

Develop and support cardiac and respiratory health evidence based best practices through partnering, training, education, research and advocacy.

Including the Cardiac and Respiratory Foundation NZ in your Will.

After you've met with your lawyer or Public Trust, you may wish to inform us of your decision. If you have decided to leave us a legacy in your Will, you may want to let us know so that we can thank you for your generosity. This information will be kept confidential.

Thank you for supporting the Cardiac and Respiratory Foundation NZ.

Cardiac and Respiratory Foundation NZ

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Write your Will
online for free
with EveryWill.

Scan the QR code,
or [click here](#) to get
started.