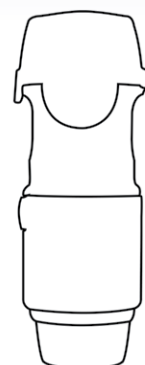


**The Respimat device is a disposable soft mist inhaler.
There is no propellant or carrier added to the medicine.
The medicine is converted into a fine mist for inhalation.**

If using for the first time, load the cartridge and prime the inhaler by turning the clear base in the direction of the arrows until it 'clicks' (half a turn). Open cap, press dose release button on front of inhaler until you see the mist come out of the mouth-piece. You may need to do this several times.

Note: Follow the instructions for how to use your inhaler device, contained on the patient information leaflet inside each pack.



How to use a Respimat inhaler

1. Hold the Respimat inhaler upright, with the cap closed.
2. Turn base in direction of arrows until it 'clicks' (half a turn).
3. Open the cap of the Respimat.
4. Hold the inhaler away from your mouth and breathe out fully.
5. Insert the mouthpiece into your mouth ensuring that your lips firmly seal over the mouthpiece (do not cover the air vents). Keep the inhaler horizontal.
6. Breathe in slowly and deeply through the mouth, and at the same time, press down on the dose release button on the front of the inhaler.
7. Keep breathing in slowly and deeply.
8. Hold your breath for about 5 seconds or as long as comfortable.
9. While holding your breath, remove the inhaler from your mouth.
10. Breathe out gently, away from the inhaler.
11. Close the cap to click shut.
12. Repeat steps 2 to 10 for further doses.

Caring for your Respimat inhaler

1. Wipe the mouthpiece with a clean, dry tissue.
2. Do not wash the mouthpiece or allow it to get wet when cleaning.
3. Close the cover when not in use.

When to get a new Respimat inhaler

There is a dose counter window on the side of the inhaler. When the window turns red, it is time to get a new Respimat inhaler.

For a useful 'How to use' video, visit the [National Asthma Council Australia](https://www.nationalasthma.org.au).